

discuswerpen 2,000kg JSM Heren A'VALIDEN Uur=13:43

| | | | | | | |
|---|------|-------------------------|------|--------|-----|----|
| 1 | 5583 | De Keersmaeker F42 Gino | VOLH | 41.93m | Mas | 70 |
|---|------|-------------------------|------|--------|-----|----|

300m horden 0,762m Cad Dames Uur=14:09*Reeks:1*

| | | | | | | |
|---|-----|-------------------|------|-------|--|----|
| 1 | 108 | Calus Kiona | OB | 51.68 | | 96 |
| 2 | 501 | Casteels Florian | VS | 54.01 | | 96 |
| 3 | 15 | De Visscher Sarah | ZELE | 55.08 | | 95 |

Reeks:2

| | | | | | | |
|---|-----|-------------------|------|-------|--|----|
| 1 | 239 | Vermeire Mathilde | HAMM | 47.85 | | 95 |
| 2 | 417 | Peeters Linske | HAMM | 48.37 | | 96 |
| 3 | 803 | Hanssens Annelies | ESAK | 48.47 | | 95 |
| 4 | 471 | Lammens Shari | RCG | 51.31 | | 96 |

300m horden 0,762m Cad Heren Uur=14:12*Reeks:1*

| | | | | | | |
|---|-----|------------------|------|-------|--|----|
| 1 | 131 | De Vooght Jasper | DEIN | 43.68 | | 96 |
| 2 | 413 | Gorteman Bart | VITA | 48.37 | | 96 |
| 3 | 223 | De Clercq Lenn | VS | 48.93 | | 96 |
| 4 | 132 | Steels Mathys | ACW | 49.44 | | 96 |
| 5 | 145 | Brack Niels | EA | 50.27 | | 95 |

speerwerpen 500g Cad Dames Uur=14:13

| | | | | | | |
|---|-----|------------------|-----|--------|--|----|
| 1 | 690 | Dieleman Liesbet | ACW | 24.20m | | 95 |
|---|-----|------------------|-----|--------|--|----|

400m horden 0,762m Sch Dames Uur=14:22*Reeks:1*

| | | | | | | |
|---|------|--------------------------|------|-------|--|----|
| 1 | 2380 | Hoste Kato | OB | 69.44 | | 94 |
| 2 | 1964 | Van Doorselaere Annelie. | ZELE | 70.52 | | 93 |
| 3 | 2084 | Maudens Lore | VS | 78.04 | | 94 |

400m horden 0,84m Sch Heren Uur=14:31*Reeks:1*

| | | | | | | |
|---|------|------------------|------|-------|-----|----|
| 1 | 2160 | Vermeire Arthur | HAMM | 60.52 | | 93 |
| 2 | 2266 | Van Dingenen Tim | LEBB | 63.17 | | 93 |
| 3 | 3822 | Depuydt Patrick | ZA | 67.54 | Mas | 64 |

kogelstoten 4,000kg Cad Heren Uur=14:37

| | | | | | | |
|---|------|------------------|------|--------|--|----|
| 1 | 1019 | Van Waes Brecht | AVLO | 11.87m | | 95 |
| 2 | 287 | Sienaert Gregory | VITA | 11.27m | | 95 |
| 3 | 13 | De Bock Yoni | ZELE | 10.27m | | 96 |
| 4 | 818 | Jacobs Vincent | ESAK | 8.62m | | 95 |
| 5 | 339 | Vermeulen Jorg | EA | 7.06m | | 96 |

100 meter Cad Dames Uur=14:49*Reeks:1 Wind: 0.0*

| | | | | | | |
|---|------|---------------------|------|-------|--|----|
| 1 | 1025 | Mbombo Oceanne* | OEH | 14.34 | | 96 |
| 2 | 697 | Pauwels Elien | HAMM | 14.55 | | 95 |
| 3 | 13 | Coppieters Pauline | ZELE | 14.69 | | 96 |
| 4 | 471 | Lammens Shari | RCG | 14.80 | | 96 |
| 5 | 508 | De Staercke Melissa | OEH | 15.05 | | 95 |

Reeks:2 Wind: 0.3

| | | | | | |
|---|------|---------------------|------|-------|--------|
| 1 | 956 | De La Mane Marie | KAAG | 14.52 | 95 |
| 2 | 975 | Alen Sophie | KAAG | 14.68 | 95 |
| 3 | 97 | De Groote Mona | KAAG | 14.97 | 96 |
| 4 | 607 | Schrayen Ellen | ACW | 15.01 | 95 |
| | 1961 | De Vreese Benedicte | ZELE | NG | Sch 94 |

Reeks:3 Wind: -0.6

| | | | | | |
|---|-----|-------------------|------|-------|----|
| 1 | 407 | Goossens Lies | KAAG | 13.36 | 95 |
| 2 | 346 | Vermeulen Freya | EA | 13.70 | 95 |
| 3 | 15 | De Visscher Sarah | ZELE | 14.13 | 95 |
| 4 | 924 | D'Hondt Sophie | KAAG | 14.40 | 95 |
| 5 | 828 | Van Poel Esther | LEBB | 14.60 | 95 |
| | 350 | Boodts Hanne | LEBB | NG | 96 |

100 meter Cad Heren Uur=14:49**Reeks:1** Wind: 0.2

| | | | | | |
|---|-----|--------------------|------|-------|----|
| 1 | 17 | Waegeman Yorick | ZELE | 12.73 | 95 |
| 2 | 275 | Berghmans Winok | KAAG | 13.28 | 95 |
| 3 | 253 | Decaestecker Jolan | RCG | 13.73 | 96 |
| 4 | 310 | Godden Tom | ABES | 13.82 | 96 |
| 5 | 763 | Van Reeth Vincent | ABES | 14.03 | 96 |
| 6 | 73 | Braeckmans Lukas | ABES | 14.18 | 95 |
| 7 | 144 | Brack Lander | EA | 14.86 | 96 |

Reeks:2 Wind: -0.1

| | | | | | |
|---|------|-------------------|------|-------|----|
| 1 | 340 | Bonte Alexander | OB | 12.21 | 95 |
| 2 | 1084 | Rossaert Michael | ACW | 12.22 | 95 |
| 3 | 18 | Van Damme Matisse | ZELE | 12.44 | 95 |
| 4 | 146 | De Graef Wouter | EA | 12.52 | 95 |
| 5 | 13 | De Bock Yoni | ZELE | 12.80 | 96 |
| 6 | 14 | De Wilde Kevin | ZELE | 12.95 | 96 |
| 7 | 818 | Jacobs Vincent | ESAK | 13.24 | 95 |

100 meter Sch Dames Uur=14:55**Reeks:1** Wind: -0.3

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 1985 | Yvergnaux Charlotte | ZELE | 13.57 | 94 |
| 2 | 2199 | Plehiers Nele | VOLH | 13.70 | 94 |
| 3 | 2124 | Goossens Nicky | HAMM | 14.07 | 94 |
| 4 | 1965 | Michiels Kelly | ZELE | 14.27 | 93 |
| 5 | 1961 | De Vreese Benedicte | ZELE | 14.56 | 94 |
| 6 | 2335 | Raes Stefanie | ACW | 15.53 | 94 |

Reeks:2 Wind: -0.7

| | | | | | |
|---|------|--------------------------|------|-------|----|
| 1 | 2023 | Lambrecht Charlotte | KAAG | 12.83 | 93 |
| 2 | 2055 | Dierick Laura | ACW | 13.11 | 93 |
| 3 | 2379 | Duchateau Felke | OB | 13.26 | 94 |
| 4 | 2116 | Van De Voorde Lieselotte | KAAG | 13.35 | 94 |
| 5 | 2673 | De Wolf An-sofie | DAC | 13.91 | 94 |
| 6 | 2471 | Mergan Ine | LEBB | 14.75 | 94 |

100 meter Sch Heren Uur=14:59

Reeks:1 Wind: -2.4

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 2181 | Calluy Dylan | OLSE | 12.10 | 94 |
| 2 | 2448 | Dullaert Sander | HAMM | 12.24 | 94 |
| 3 | 2618 | Maeckelberghe Ruben | ACW | 12.38 | 93 |
| 4 | 2166 | Beke Tim | VS | 12.40 | 94 |
| 5 | 2119 | Verstraeten Tim | VS | 13.23 | 93 |

Reeks:2 Wind: 0.5

| | | | | | |
|---|------|------------------------|------|-------|----|
| 1 | 2103 | Vandewalle Maarten | EA | 11.62 | 93 |
| 2 | 2030 | Van Der Eecken Yannick | ZELE | 11.83 | 93 |
| 3 | 2090 | Champeaux Christophe | LEBB | 11.86 | 94 |
| 4 | 2260 | Tommelein Leander | OB | 11.93 | 94 |
| 5 | 2546 | Dieleman Cedric | ACW | 12.20 | 93 |

100 meter JSM Dames Uur=15:04

Reeks:1 Wind: -0.4

| | | | | | | |
|---|------|--------------------|------|-------|-----|----|
| 1 | 917 | Van Wambeke Magali | ZELE | 13.84 | Sen | 90 |
| 2 | 953 | Swalus Katrien | OEH | 14.74 | Sen | 82 |
| 3 | 312 | Bruyndonckx Raisa | ESAK | 15.03 | Jun | 91 |
| 4 | 46 | Guillemyn Mimy | EA | 15.59 | Jun | 91 |
| 5 | 3085 | Van Lysebetten Els | ACW | 16.80 | Mas | 59 |

Reeks:2 Wind: -0.1

| | | | | | | |
|---|------|-------------------|------|-------|-----|----|
| 1 | 200 | Tondeleir Marijke | ZELE | 13.32 | Jun | 92 |
| 2 | 842 | Crols Sarah | ACW | 13.66 | Sen | 85 |
| 3 | 2268 | Lievens Hilde | ZA | 13.71 | Mas | 71 |
| 4 | 1385 | Van Hecke Karen | AVLO | 13.93 | Sen | 76 |
| 5 | 975 | Van Poppel Hilde | ACW | 14.09 | Sen | 83 |

800 meter Sch Dames Uur=15:09

-1 Geen deelnemers GP No 00

discuswerpen 2,000kg JSM Heren Uur=15:11

| | | | | | | |
|---|------|------------------------|------|--------|-----|----|
| 1 | 1542 | Eeckhout Frederik | VS | 46.88m | Sen | 85 |
| 2 | 3919 | Van Den Branden Jurgen | VS | 39.97m | Mas | 70 |
| 3 | 5157 | Van Gansbeke Johan | DEIN | 36.16m | Mas | 59 |
| 4 | 6158 | Van Driessche Peter | AVLO | 33.83m | Mas | 75 |
| 5 | 4259 | Vander Beken Koenraad | DEIN | 24.67m | Mas | 65 |

100 meter JSM Heren Uur=15:12

Reeks:1 Wind: -0.1

| | | | | | | |
|---|------|--------------------|------|-------|-----|----|
| 1 | 46 | Tanghe Anton | ABES | 11.73 | Jun | 92 |
| 2 | 5382 | Blot Stijn | RCG | 12.27 | Mas | 68 |
| 3 | 3724 | Houtman Danny | EA | 12.38 | Mas | 62 |
| 4 | 5117 | Deschamps Frederik | AZW | 12.68 | Mas | 72 |
| 5 | 529 | Roggeman Kenneth | EA | 12.73 | Jun | 92 |
| 6 | 4006 | Van Reeth Wim | ABES | 12.76 | Mas | 69 |
| 7 | 131 | Van Achter Jeffrey | ACW | 13.05 | Jun | 92 |

Reeks:2 Wind: 0.7

| | | | | | | |
|---|------|-------------------|------|-------|-----|----|
| 1 | 1920 | Willaert Michiel* | ACW | 11.30 | Sen | 78 |
| 2 | 1785 | De Cauwer Nikki | ACW | 11.64 | Sen | 85 |
| 3 | 1918 | Belhaj Azdin | ACW | 11.68 | Sen | 89 |
| 4 | 63 | Van Royen Stijn | EA | 12.00 | Jun | 92 |
| 5 | 2313 | Van Belle David | OB | 12.08 | Sen | 83 |
| 6 | 2286 | Steyaert Olivier | AVLO | 12.16 | Sen | 83 |
| 7 | 4901 | De Brandt Filip | STAX | 12.30 | Mas | 74 |

kogelstoten 5,000kg Sch Heren Uur=15:13

| | | | | | | |
|---|------|------------------|------|--------|--|----|
| 1 | 2301 | Spilliaert Stijn | HAMM | 13.81m | | 93 |
| 2 | 2266 | Van Dingenen Tim | LEBB | 13.09m | | 93 |
| 3 | 2825 | Vercammen Stijn | HAMM | 12.81m | | 94 |
| 4 | 2010 | D'heer Pieter | ZELE | 10.85m | | 94 |
| 5 | 2007 | De Bock Jelle | ZELE | 10.75m | | 93 |
| 6 | 2382 | Willockx Steven | ACW | 7.08m | | 93 |

polstokspringen JSM Dames Uur=15:21

| | | | | | | |
|---|------|-------------------|------|-------|-----|----|
| 1 | 51 | Dhont Steffi | AVLO | 3.82m | Jun | 92 |
| 2 | 177 | De Ryck Aurelie | LYRA | 3.77m | Jun | 92 |
| 3 | 1486 | Henry Chloe | VAC | 3.72m | Sen | 87 |
| 4 | 4 | Vercauteren Anouk | ZELE | 3.42m | Jun | 92 |

polstokspringen Sch Dames Uur=15:21

| | | | | | | |
|---|------|---------------------|------|-------|--|----|
| 1 | 2331 | Claessens Eline | HAMM | 3.42m | | 94 |
| 2 | 1985 | Yvergnaux Charlotte | ZELE | 3.02m | | 94 |
| 3 | 1965 | Michiels Kelly | ZELE | 2.72m | | 93 |

polstokspringen Cad Dames Uur=15:22

| | | | | | | |
|---|-----|----------------|------|-------|--|----|
| 1 | 863 | De Vocht Elien | AVZK | 3.42m | | 95 |
| 2 | 811 | Mortier Joke | KAAG | 2.82m | | 95 |
| 3 | 238 | Vincke Magalie | HAMM | 2.72m | | 96 |

800 meter Cad Dames Uur=15:22

Reeks:1

| | | | | | | |
|---|-----|-------------------------|------|---------|--|----|
| 1 | 345 | De Veylder Lieselot | EA | 2'30.63 | | 96 |
| 2 | 312 | Goossens Imke | VITA | 2'32.27 | | 95 |
| 3 | 142 | Van Eyck Sofie | ACW | 2'33.65 | | 96 |
| 4 | 831 | Van Leugenhaege Jolien | HAMM | 2'42.11 | | 95 |
| 5 | 854 | Van Kerckvoorde Natasja | RIEM | 2'47.67 | | 95 |

800 meter Cad Heren Uur=15:26

Reeks:1

| | | | | | | |
|---|-----|-----------------|------|---------|--|----|
| 1 | 12 | D'heer Stijn | ZELE | 2'09.04 | | 95 |
| 2 | 74 | Ligneel Kasper | ZA | 2'09.96 | | 95 |
| 3 | 283 | Debot Cedric | VITA | 2'12.39 | | 96 |
| 4 | 13 | De Bock Yoni | ZELE | 2'14.10 | | 96 |
| 5 | 20 | Picavet Tim | ZELE | 2'18.32 | | 95 |
| 6 | 15 | De Wilde Thomas | ZELE | 2'22.42 | | 95 |

800 meter Sch Heren Uur=15:35

Reeks:1

| | | | | | |
|---|------|-------------------|------|---------|----|
| 1 | 2512 | Claus Pieter | EA | 2'01.08 | 93 |
| 2 | 2577 | Dhaen Rembert | HAMM | 2'02.97 | 93 |
| 3 | 2100 | Bombeke Sven | EA | 2'07.32 | 93 |
| 4 | 2320 | Adriaensen Stijn | KAPE | 2'10.20 | 94 |
| 5 | 2011 | Van Cauteren Ruud | ZELE | 2'19.46 | 94 |

800 meter JSM Dames Uur=15:36

Reeks:1

| | | | | | | |
|---|------|---------------------------|------|---------|-----|----|
| 1 | 760 | Picavet Sofie | ZELE | 2'26.95 | Sen | 88 |
| 2 | 2565 | Van den Branden-Cools Ev. | HAMM | 2'28.18 | Sch | 93 |
| 3 | 3019 | Eyer Gerda | VOLH | 2'53.21 | Mas | 64 |
| 4 | 2490 | Schouppe Jeanine | VS | 3'09.15 | Mas | 46 |

speerwerpen 600g Sch Dames Uur=15:38

| | | | | | |
|---|------|--------------------------|------|--------|----|
| 1 | 2277 | Van Brussel Fien | HAMM | 30.49m | 94 |
| 2 | 2084 | Maudens Lore | VS | 29.35m | 94 |
| 3 | 1964 | Van Doorselaere Annelie. | ZELE | 28.83m | 93 |

800 meter JSM Heren Uur=15:42

Reeks:1

| | | | | | | |
|---|------|------------------|------|---------|-----|----|
| 1 | 1460 | Buyle Marco | LAT | 2'00.30 | Sen | 88 |
| 2 | 2258 | Humble Bart | RIEM | 2'01.01 | Sen | 86 |
| 3 | 192 | Adriaensen Jan | KAPE | 2'02.25 | Jun | 91 |
| 4 | 171 | De Raedt Michael | STAX | 2'05.74 | Jun | 92 |
| 5 | 2029 | Meuleman Thomas | KAAG | 2'14.37 | Sen | 87 |
| 6 | 5857 | Ligneel Ronny | AVR | 2'15.80 | Mas | 64 |
| 7 | 6273 | Lenssens Chris | ZA | 2'15.97 | Mas | 69 |
| 8 | 5919 | De Gendt Dirk | HAMM | 2'23.67 | Mas | 72 |
| 9 | 4133 | Luyckx Danny | ZWAT | 2'30.19 | Mas | 65 |

kogelstoten 7,260kg JSM Heren Uur=15:58

| | | | | | | |
|---|------|-----------------------|------|--------|-----|----|
| 1 | 5553 | Demuyne Rik | HAC | 11.20m | Mas | 63 |
| 2 | 5157 | Van Gansbeke Johan | DEIN | 11.19m | Mas | 59 |
| 3 | 6158 | Van Driessche Peter | AVLO | 10.07m | Mas | 75 |
| 4 | 4259 | Vander Beken Koenraad | DEIN | 7.59m | Mas | 65 |
| 5 | 5117 | Deschamps Frederik | AZW | 7.00m | Mas | 72 |

hoogspringen Cad Dames Uur=15:59

| | | | | | |
|---|-----|---------------|-----|-------|----|
| 1 | 471 | Lammens Shari | RCG | 1.36m | 96 |
|---|-----|---------------|-----|-------|----|

200 meter Cad Dames Uur=16:22

Reeks:1 Wind: 0.0

| | | | | | |
|---|------|-----------------|------|-------|----|
| 1 | 238 | Vincke Magalie | HAMM | 29.34 | 96 |
| 2 | 1025 | Mbombo Oceanne* | OEH | 30.13 | 96 |
| 3 | 975 | Alen Sophie | KAAG | 30.54 | 95 |
| 4 | 607 | Schrayen Ellen | ACW | 32.24 | 95 |

Reeks:2 Wind: 0.0

| | | | | | |
|---|------|---------------------|------|-------|----|
| 1 | 21 | Christiaens Freya | ZELE | 29.22 | 95 |
| 2 | 828 | Van Poel Esther | LEBB | 30.20 | 95 |
| 3 | 1075 | Lingier Veronique | KAAG | 30.30 | 95 |
| 4 | 108 | Calus Kiona | OB | 30.75 | 96 |
| | 508 | De Staercke Melissa | OEH | NG | 95 |

Reeks:3 Wind: 0.0

| | | | | | |
|---|-----|---------------------|------|-------|----|
| 1 | 244 | Bogaert Jana | VS | 27.58 | 96 |
| 2 | 803 | Hanssens Annelies | ESAK | 27.68 | 95 |
| 3 | 346 | Vermeulen Freya | EA | 28.31 | 95 |
| 4 | 241 | Moortgat Katrien | VS | 28.41 | 96 |
| 5 | 147 | Lagrilliere Valerie | EA | 29.35 | 96 |

200 meter Cad Heren Uur=16:28**Reeks:1** Wind: 0.0

| | | | | | |
|---|-----|-------------------|------|-------|----|
| 1 | 17 | Waegeman Yorick | ZELE | 26.83 | 95 |
| 2 | 763 | Van Reeth Vincent | ABES | 29.05 | 96 |
| 3 | 310 | Godden Tom | ABES | 30.13 | 96 |
| 4 | 73 | Braeckmans Lukas | ABES | 30.41 | 95 |
| 5 | 225 | Heirman Ruben | VS | 34.09 | 96 |

Reeks:2 Wind: 0.0

| | | | | | |
|---|------|--------------------|------|-------|----|
| 1 | 1084 | Rossaert Michael | ACW | 24.48 | 95 |
| 2 | 340 | Bonte Alexander | OB | 24.54 | 95 |
| 3 | 146 | De Graef Wouter | EA | 25.56 | 95 |
| 4 | 14 | De Wilde Kevin | ZELE | 26.80 | 96 |
| 5 | 818 | Jacobs Vincent | ESAK | 27.08 | 95 |
| 6 | 253 | Decaestecker Jolan | RCG | 28.39 | 96 |

200 meter Sch Dames Uur=16:29**Reeks:1** Wind: 0.0

| | | | | | |
|---|------|--------------------------|------|-------|----|
| 1 | 2379 | Duchateau Felke | OB | 27.62 | 94 |
| 2 | 2199 | Plehiers Nele | VOLH | 27.98 | 94 |
| 3 | 2331 | Claessens Eline | HAMM | 28.15 | 94 |
| 4 | 1964 | Van Doorselaere Annelie. | ZELE | 28.26 | 93 |
| 5 | 2275 | Verboomen Laura | OEH | 29.27 | 94 |
| 6 | 2486 | Verheyen Naomi | ZWAT | 30.60 | 94 |

discuswerpen 1,500kg Sch Heren Uur=16:31

| | | | | | |
|---|------|------------------|------|--------|----|
| 1 | 2785 | Cordeel Jordi | AVLO | 44.35m | 93 |
| 2 | 2825 | Vercammen Stijn | HAMM | 39.28m | 94 |
| 3 | 2301 | Spilliaert Stijn | HAMM | 37.95m | 93 |
| 4 | 2382 | Willockx Steven | ACW | 15.91m | 93 |

200 meter Sch Heren Uur=16:37**Reeks:1** Wind: 0.0

| | | | | | |
|---|------|------------------|------|-------|----|
| 1 | 2378 | Poppe Matthieu | ZELE | 26.20 | 94 |
| 2 | 2007 | De Bock Jelle | ZELE | 26.25 | 93 |
| 3 | 2399 | Roosenboom Bryan | HAMM | 27.03 | 93 |
| 4 | 2119 | Verstraeten Tim | VS | 27.39 | 93 |
| 5 | 2382 | Willockx Steven | ACW | 35.25 | 93 |

Reeks:2 Wind: 0.4

| | | | | | | |
|---|------|--------------------|------|-------|--|----|
| 1 | 2160 | Vermeire Arthur | HAMM | 24.24 | | 93 |
| 2 | 2103 | Vandewalle Maarten | EA | 24.57 | | 93 |
| 3 | 2166 | Beke Tim | VS | 24.80 | | 94 |
| 4 | 2448 | Dullaert Sander | HAMM | 24.84 | | 94 |
| 5 | 2010 | D'heer Pieter | ZELE | 25.68 | | 94 |

Reeks:3 Wind: -0.5

| | | | | | | |
|---|------|------------------------|------|-------|--|----|
| 1 | 2030 | Van Der Eecken Yannick | ZELE | 23.44 | | 93 |
| 2 | 2260 | Tommelein Leander | OB | 24.06 | | 94 |
| 3 | 2181 | Calluy Dylan | OLSE | 24.24 | | 94 |
| 4 | 2090 | Champeaux Christophe | LEBB | 24.63 | | 94 |
| 5 | 2546 | Dieleman Cedric | ACW | 24.88 | | 93 |

400m horden 0,762m JSM Dames Uur=16:37

| | | | | | | | |
|----|--|-----------------|--|----|--|----|----|
| -1 | | Geen deelnemers | | GP | | No | 00 |
|----|--|-----------------|--|----|--|----|----|

400m horden 0,914m JSM Heren Uur=16:37

| | | | | | | | |
|----|--|-----------------|--|----|--|----|----|
| -1 | | Geen deelnemers | | GP | | No | 00 |
|----|--|-----------------|--|----|--|----|----|

verspringen Sch Dames Uur=16:45

| | | | | | | | |
|---|------|----------------------|------|-------|------|--|----|
| 1 | 2023 | Lambrecht Charlotte | KAAG | 5.24m | +1.1 | | 93 |
| 2 | 2055 | Dierick Laura | ACW | 4.69m | +1.3 | | 93 |
| 3 | 2380 | Hoste Kato | OB | 4.52m | +1.8 | | 94 |
| 4 | 2124 | Goossens Nicky | HAMM | 4.51m | -0.3 | | 94 |
| 5 | 1965 | Michiels Kelly | ZELE | 4.35m | +1.6 | | 93 |
| 6 | 1985 | Yvergneaux Charlotte | ZELE | 4.17m | +1.4 | | 94 |

200 meter JSM Dames Uur=16:45**Reeks:1 Wind: 0.3**

| | | | | | | | |
|---|-----|--------------------|------|-------|--|-----|----|
| 1 | 842 | Crols Sarah | ACW | 28.22 | | Sen | 85 |
| 2 | 917 | Van Wambeke Magali | ZELE | 28.39 | | Sen | 90 |
| 3 | 953 | Swalus Katrien | OEH | 31.19 | | Sen | 82 |
| 4 | 312 | Bruyndonckx Raisa | ESAK | 32.08 | | Jun | 91 |

Reeks:2 Wind: 0.4

| | | | | | | | |
|---|------|-------------------|------|-------|--|-----|----|
| 1 | 1351 | Janquart Nina | VITA | 26.31 | | Sen | 90 |
| 2 | 200 | Tondeleir Marijke | ZELE | 27.90 | | Jun | 92 |
| 3 | 2268 | Lievens Hilde | ZA | 28.53 | | Mas | 71 |
| | 975 | Van Poppel Hilde | ACW | NG | | Sen | 83 |

verspringen JSM Dames Uur=16:46

| | | | | | | | |
|---|------|-------------------------|------|-------|------|-----|----|
| 1 | 975 | Van Poppel Hilde | ACW | 4.87m | +0.5 | Sen | 83 |
| 2 | 345 | Van Kerckvoorde Vanessa | VS | 4.63m | +0.6 | Jun | 92 |
| 3 | 312 | Bruyndonckx Raisa | ESAK | 4.06m | +0.8 | Jun | 91 |
| 4 | 3085 | Van Lysebetten Els | ACW | 3.39m | +1.6 | Mas | 59 |

speerwerpen 600g JSM Dames Uur=16:47

| | | | | | | | |
|---|------|----------------|------|--------|--|-----|----|
| 1 | 1438 | Odou Lieselot | STAX | 24.93m | | Sen | 85 |
| 2 | 1439 | Odou Sofie | STAX | 17.61m | | Sen | 89 |
| 3 | 2581 | Lahaye Martine | VITA | 11.76m | | Mas | 64 |

verspringen Cad Dames Uur=16:49

| | | | | | | |
|-------|-----|------------------------|------|-------|------|----|
| 1 | 357 | Lambrechts Jana | VS | 5.13m | +0.8 | 95 |
| 2 | 244 | Bogaert Jana | VS | 4.79m | +1.2 | 96 |
| 3 | 241 | Moortgat Katrien | VS | 4.60m | +0.6 | 96 |
| 4 | 417 | Peeters Linske | HAMM | 4.56m | -0.8 | 96 |
| 5 | 238 | Vincke Magalie | HAMM | 4.49m | -0.5 | 96 |
| 6 | 501 | Casteels Florian | VS | 4.45m | +0.6 | 96 |
| 7 | 803 | Hanssens Annelies | ESAK | 4.37m | +0.8 | 95 |
| 8 | 346 | Vermeulen Freya | EA | 4.15m | +0.2 | 95 |
| 9 | 108 | Calus Kiona | OB | 4.10m | +0.8 | 96 |
| 10831 | | Van Leugenhaege Jolien | HAMM | 3.83m | +1.4 | 95 |
| 11697 | | Pauwels Elien | HAMM | 3.77m | +1.1 | 95 |
| 12350 | | Boodts Hanne | LEBB | 3.51m | +0.7 | 96 |

200 meter JSM Heren Uur=16:50*Reeks:1 Wind: -1.4*

| | | | | | | |
|---|------|--------------------|------|-------|--|--------|
| 1 | 3724 | Houtman Danny | EA | 25.13 | | Mas 62 |
| 2 | 529 | Roggeman Kenneth | EA | 25.54 | | Jun 92 |
| 3 | 4006 | Van Reeth Wim | ABES | 25.97 | | Mas 69 |
| 4 | 5117 | Deschamps Frederik | AZW | 26.17 | | Mas 72 |

Reeks:2 Wind: 0.5

| | | | | | | |
|---|------|------------------|------|-------|--|--------|
| 1 | 46 | Tanghe Anton | ABES | 23.81 | | Jun 92 |
| 2 | 63 | Van Royen Stijn | EA | 23.86 | | Jun 92 |
| 3 | 4901 | De Brandt Filip | STAX | 24.47 | | Mas 74 |
| 4 | 5382 | Blot Stijn | RCG | 24.90 | | Mas 68 |
| 5 | 1154 | Vankerckhove Kim | KAAG | 25.25 | | Sen 82 |

Reeks:3 Wind: -0.5

| | | | | | | |
|---|------|-------------------|-----|-------|--|--------|
| 1 | 2313 | Van Belle David | OB | 24.24 | | Sen 83 |
| 2 | 1849 | Ceesay Ebrima* | KKS | 24.61 | | Sen 87 |
| | 1918 | Belhaj Azdin | ACW | NG | | Sen 89 |
| | 1920 | Willaert Michiel* | ACW | NG | | Sen 78 |
| | 1785 | De Cauwer Nikki | ACW | NG | | Sen 85 |

hoogspringen Sch Dames Uur=17:17

| | | | | | | |
|----|--|-----------------|--|----|--|-------|
| -1 | | Geen deelnemers | | GP | | No 00 |
|----|--|-----------------|--|----|--|-------|

hoogspringen JSM Dames Uur=17:18

| | | | | | | |
|---|------|-------------------------|------|-------|--|--------|
| 1 | 345 | Van Kerckvoorde Vanessa | VS | 1.50m | | Jun 92 |
| 2 | 3257 | Algoet Ann | VOLH | 1.35m | | Mas 63 |

polstokspringen Cad Heren Uur=17:21

| | | | | | | |
|---|-----|-------------------|------|-------|--|----|
| 1 | 18 | Van Damme Matisse | ZELE | 3.32m | | 95 |
| 2 | 136 | Wery Florian | EA | 3.02m | | 96 |
| 3 | 144 | Brack Lander | EA | 2.62m | | 96 |
| 4 | 131 | De Vooght Jasper | DEIN | 2.62m | | 96 |
| 5 | 145 | Brack Niels | EA | 2.22m | | 95 |

3000m steeple 0,762m JSM Dames Uur=17:21*Reeks:1*

| | | | | | | |
|---|------|---------------------|------|----------|-----|----|
| 1 | 1285 | Vanden Bempt Sigrid | DCLA | 9'59.76 | Sen | 81 |
| 2 | 1551 | Vandeghinste Alana | HAC | 12'25.44 | Sen | 90 |

polsstokspringen Sch Heren Uur=17:21

| | | | | | | |
|------|---------------------------|------|----|--|--|----|
| 2380 | Palconet-de Winter Vince. | KAAG | GP | | | 93 |
|------|---------------------------|------|----|--|--|----|

polsstokspringen JSM Heren Uur=17:22

| | | | | | | |
|---|------|------------------------|------|-------|-----|----|
| 1 | 212 | Van Hauwermeiren Kevin | VS | 4.10m | Jun | 92 |
| 2 | 8 | Vercauteren Simon | ZELE | 3.82m | Jun | 92 |
| | 2231 | Laporte Jens | AVZK | GP | Sen | 88 |

discuswerpen 1,000kg Cad Heren Uur=17:35

| | | | | | | |
|---|------|-------------------|------|--------|--|----|
| 1 | 287 | Sienaert Gregory | VITA | 37.87m | | 95 |
| 2 | 547 | Duchateau Jarne | OB | 36.72m | | 96 |
| 3 | 18 | Van Damme Matisse | ZELE | 36.17m | | 95 |
| 4 | 1019 | Van Waes Brecht | AVLO | 26.42m | | 95 |
| 5 | 14 | De Wilde Kevin | ZELE | 26.27m | | 96 |
| 6 | 225 | Heirman Ruben | VS | 23.04m | | 96 |
| 7 | 223 | De Clercq Lenn | VS | 22.42m | | 96 |
| 8 | 728 | Janquart Mitchel | VITA | 18.92m | | 95 |
| 9 | 339 | Vermeulen Jorg | EA | 17.40m | | 96 |

3000m steeple 0,914m JSM Heren Uur=17:36*Reeks:1*

| | | | | | | |
|---|------|----------------|------|----------|-----|----|
| 1 | 3537 | Spiessens Koen | SPBO | 10'26.25 | Mas | 71 |
|---|------|----------------|------|----------|-----|----|